

New Parent Resources

Healthy Parents Healthy Babies

- <https://www.ontario.ca/page/healthy-babies-healthy-children-program>
- Hastings and Prince Edward Public Health
 - 179 N Park Street, Belleville
 - 613-966-5500

Southeast Public Health

- <https://southeastph.ca/health-topics/pregnancy-and-postpartum/helpful-resources/>

Online Pre-Natal Classes

- <https://southeastph.ca/clinics-and-classes/prenatal-classes/>

Quinte Midwives

- 11 Victoria Ave, Belleville
- 613-962-3000
- <https://www.quintemidwives.ca/>

The Good Baby Box

- <https://www.cdcquinte.com/good-baby-box>
- Pick up locations in Trenton:
 - Trent River Public School Early ON Child and Family Centre. 84 Dixon Drive, Trenton. Call Kayla at 613-966-9427. Hours: Thursday 9:30am-12pm
 - Trenton MFRC. 50 Rivers Drive East. Call Natasha at 613-392-2811 ext. 8272379. Hours: Monday-Friday 8am-6:30pm

Trenton Family and Pregnancy Centre

- 35 Ontario Street, Quinte West
- 613-392-0074
- <https://www.pfcqw.ca/>
 - Pregnancy Decision Support
 - Free pregnancy tests
 - Peer mentoring and support
 - Pre-Natal classes starting in September
 - Other free classes and programs

Belleville Family and Pregnancy Centre

- 180 Front Street, Belleville (new address)
- 613-969-7866
- <https://www.bellevillepregnancyandfamilycare.com/>
 - Specific Men's program and mentoring

- Women's programs
- Pre-natal, post-natal, and parenting programs/classes
- Clothing and material assistance
- Free pregnancy tests
- Post-Abortion care

EarlyON

- <https://www.hastings.ca/communities/services/children-services/earlyon>

Hastings County

- 91 Creswell Drive, Quinte West
- 613-392-1387
- <https://hastingscounty.com/>
- Childcare subsidies

Belleville and Quinte West Community Health Centre

- 69 Catherine Street, Quinte West
- 613-965-0698
- <https://www.bqwchc.com/health-wellness/programs-for-everyone/>

Southeast Public Health – Hastings and Prince Edward Region – Breast Feeding Consultations

- West End Plaza, 499 Dundas St West, Quinte West
- 613-966-5500
- <https://southeastph.ca/>

Abigail's Learning Centre

- 119 Station St Belleville
- 613-961-1884
- <https://www.abigailscentre.ca/>
 - Babies and Beyond, Fathers Matter, Infant Wellness, FACE

Family Law Information Clinic (FLIC)

- Tuesdays 1pm-4pm at the Quinte Courthouse, 15 Bridge Street Belleville.
- 613-962-4422
- Advice is available during these times on a first come first served basis. Please sign I on the sign-up sheet, near the court counters.

Legal Aid

- [1-800-668-8258](tel:1-800-668-8258)
- Hours: Monday-Friday 8am-5pm

Duty Counsel

- Duty council can be spoken with at the Belleville courthouse located at 15 Bridge Street.

- Phone: [\(613\) 962-9106](tel:(613)962-9106)