

Community Agencies/Organizations

General Support Services



Bay of Quinte Pride
bayofquintepride.org



Canadian Mental Health Association
Hastings Prince Edward
cmhahpe.ca
613-967-4734



Belleville & Quinte West
Community Health Centre
bqwchc.com
1-855-252-2747



Quinte Health - Hospitals
quintehealth.ca
1-800-483-2811



Peer Support -
South East Ontario
psseo.ca/
613-969-1772



Southeast Public Health
southeastph.ca/
1-800-267-2803

Community Agencies/Organizations



Trellis HIV &
Community Care
trellishiv.ca/
1-800-565-2209



9-8-8 Suicide & Crisis Line
988.ca
Text or Call 9-8-8



Centre for Addiction &
Mental health
camh.ca
1 800 463-2338

Youth Mental Health & Support Services



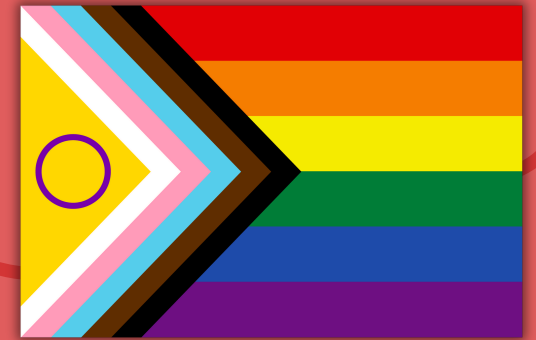
Children's Mental
Health Services
cmhsonline.ca
613-966-3100



LGBT Youthline
youthline.ca
416-962-2232



Youthhab
youthhab.ca
613-969-0830



2SLGBTQIA+ Community Resources

Local resources for
those who identify
with the
community,
families, friends
and allies of
Hastings and Prince
Edward County.





Belleville Youth Centre
www.johnhoward.on.ca/belleville/
 613-968-6628

The BYC, supported by the John Howard Society, provides a safe and accepting environment for youth ages 12-18 in the Belleville area.

BYC Program:

Rainbow Youth Drop-in
 1st & 3rd Wednesday of every month
 3pm-5pm
 19-21 Wallbridge Crescent, Belleville

Rainbow Youth is a safe, fun, and affirming space for 2SLGBTQIA+ youth (12-18) to connect, learn, and be themselves.



Quinte West Youth Centre
www.qwyc.ca
 613-392-6946

The Quinte West Youth Centre provides resources, programming and leisure activities to youth ages 10-18 in the Quinte West area.

QWYC Program:

Rainbow Rising
 Every Thursday
 6pm-8pm
 2 Wooler Road, Trenton, ON

Rainbow Rising is a safe, inclusive and open ongoing program for youth who identify as, or are allies of the 2SLGBTQIA+ community.



Beyond the Binary: Trans/Non-Binary Support Group

www.bqwchc.com/series/trans-non-binary-support-group/
 Email: rossa@bqwchc.com

A free, drop-in, welcoming space for trans and non-binary individuals to connect, share, and grow.
 Supported by BQWCHC, CMHAHPE & BoQ Pride.

Beyond the Binary
 2nd & 4th Tuesday of every month
 5:30pm-7:30pm
 Belleville & Quinte West
 Community Health Centre
 Unit 1 - 161 Bridge St. W
 Belleville, ON



Support Alternative Youth OutLoud!

www.sayoutloud.ca/
 Eric H: 613-985-9650

Facebook: SAY OutLoud

SAY OutLoud! Program:

SAY OutLoud! Group
 Tuesdays
 6pm
 39 Everett St, Belleville, ON

Say OutLoud! is an alternative youth group offering a warm, safe space for 2SLGBTQIA+ youth (and allies) ages 14 to mid-20s.



www.ctsurvivorsconnect.ca

E-mail:

c.t.survivorsconnect@gmail.com

The C.T. Survivors Connect mission is to provide support and services for Survivors of conversion therapy(traumas) and all those in the 2SLGBTQIA+ Community who are affected by these harms.



Rainbow Health Ontario

www.rainbowhealthontario.ca
 416-324-4100

Rainbow Health Ontario advances 2SLGBTQ+ health by training providers, shaping policy, and creating evidence-based resources, while also helping people find inclusive, affirming care.



pflag Canada

www.pflagcanada.ca
 email: support@pflagcanada.ca

PFLAG helps 2SLGBTQIA+ individuals and their loved ones connect with resources and find a supportive community.



Please note: Services and contact details may change. While we do our best to keep this info accurate, we can't guarantee all information is current. Use this brochure as a starting point and confirm details directly with the agency.